



Alberta Herbalists
association

Career & Education Planning for Herbalists

*What kind of Herbalist do you want to be?
Start here to plan your education!*

1. What are your goals as a future Herbalist?

I want to improve the health of myself & my family

Work in the natural health industry (health store associate, vitamin company rep, etc.)

I would like to Create herbal products to Sell to the public

Become a Professional Herbalist, work in a clinic, or Become a (RH) Registered Herbalist

2. Minimum Level of Education Recommended:

Herbology 101 or Intro to Herbology course

1-year certificate in Herbology

1-2 year certificate in Herbology, with a focus on formulating

2-3 year diploma program, with 300+ hours practicum

3. Choose an Education that Includes:

Many schools offer Intro to Herbology courses that cover body systems, and herbs for common conditions that can be treated at home

Important Topics:
Herb identification, properties & doses; Nutrition; Wildcrafting best practices

1-year correspondence or in-class program offering 200+ hours of combined training & study time.

Important Topics:
Topics from Group A, plus: Essential Nutrients & Supplementation; Intro to Anatomy & Physiology; Herb/ Drug/Nutrient Interactions & Contraindications

Recommended 500 hours of combined training & study, with a focus on chemistry & formulation.

Important Topics:
Topics from Group A & B, plus: Advanced Formulation; Chemistry & Biology/ Biochemistry; NHPD (Natural Health Product Directorate) guidelines & practices

Registered Herbalists (RH) complete 1500+ hours of combined training & study, with 300 hours clinical practicum.

There are 3 possible pathways to becoming an RH. Please see the AHA Education Standards document for more information:
LINK

Login to the Members Portal @ www.AlbertaHerbalists.ca for more Resources.